



CONSULTANTS IN MEDICAL ONCOLOGY AND HEMATOLOGY, PC

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LOW PLATELET COUNT MANAGEMENT

PLATELET: Fragment of blood cell that normally helps prevent bleeding.

LOW PLATELET COUNT: Low platelet counts may occur temporarily during your treatment cycles. When your platelet count is low, you may be at increased risk for bleeding.

Avoid aspirin, all “over the counter” aspirin containing medications, as well as ibuprophen, naprosyn and other non-steroidal anti inflammatory agents.

Apply pressure immediately if you begin to bleed.

If you need an injection, be sure to notify the person administering the injection that your platelet count is low.

Use caution to prevent falls or cuts.

Use electric razor for shaving to avoid nicks and cuts.

Use toothbrush with soft bristles.

Use foam-tipped applicator dipped in salt water instead of toothbrush if mouth bleeding occurs.

Avoid flossing teeth if bleeding occurs.

Avoid forcefully blowing your nose to prevent nosebleeds.

Be sure to inform your dentist, or any practitioner who may treat you for another condition, that your platelet count is low.

If your platelet count is very low, transfusion of platelets may be required.

WHEN TO CALL:

Please call if you are concerned - on any day -at any time- about any issue!

Please call EARLY if you are not well, so that office visit may be scheduled if needed.

Bleeding from gums or nose.

Blood in urine, stool, or vomit.

Black, tarry colored stools.

Easy bruising.

Severe headache, numbness or weakness.

Vaginal bleeding.